



# Reverse Advent Calendar

Please contact us to arrange to deliver or  
for your Advent Calendar donations to be  
collected. Thank you!

✉ warehouse.ardenfoodbank@gmail.com  
☎ 07566 739302

1

Tinned soup

2

Shampoo

3

Pasta  
Shapes

4

Tinned  
tomatoes

5

Rice

6

Deodorant

7

Biscuits

8

Confectionery

9

Tinned fish

10

Coffee

11

Jam

12

Breakfast  
cereal

13

Tea bags

14

Chocolate bars

15

Washing up  
liquid

16

Instant mash  
potatoes

17

Tinned  
vegetables

18

Cooking  
sauces

19

Tinned  
potatoes

20

Tinned meat

21

Toilet rolls

22

Rice  
pudding

23

UHT  
long-life milk

24

Tinned  
fruit